



Brisbane Sailing Squadron, 126 Quay Street, Bulimba

Learn to Sail Course

Course Outline:

The course delivers the first steps in the Nationally Accredited "Discover Sailing" Program – Start Sailing 1 & Start Sailing 2.

The course covers:

- **4** Basic safety and sailing theory
- Rigging boats, terminology and knots
- **4** Basic wind, weather and tides awareness
- **4** Launching and retrieving
- 4 Capsizing and recovery
- 4 Completing basic sailing maneuvers in light to moderate wind conditions

Dates and Times: Six Saturday Mornings - 8.30 am to 12.30 pm

Cost:

Children (6 to15 yrs) - \$235; Young Adults & Adults (16 yrs & over) - \$330 (incl. GST) - Includes tuition by experienced sailors and instructors; sailing boats and equipment; buoyancy vests; course packs; and certificates.

Payment is by bank transfer to:

Brisbane Sailing Squadron – Commonwealth Bank Bulimba BSB – 064103 Account Number – 10124350

What to Bring:

<u>Compulsory</u> - Sunscreen; hat/cap; **enclosed footwear** than can get muddy & wet (e.g. cheap sandshoes, wetsuit boots); clothes that can get wet when sailing <u>Other</u> – water bottle; a towel and change of clothes; a snack

Contact: Email: sailingschool@bss.org.au www.bss.org.au